

FINDING YOUR PASSION

To help you find your passion we have created a simple structure that will assist you in doing just that. Try and go back to your childhood and think about what things you liked to do, what personality traits characterized you and how your family and friends would describe you today. Now write down your first five spontaneous answers to the below question:

Which five things are you great at that come naturally and you enjoy doing?

I am great at:

1: _____

2: _____

3: _____

4: _____

5: _____

Great! Now go back to number one and write down WHY you are great at that and HOW it expresses itself and make sure you think and reflect before writing this part down!

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